

### Example of an Index

#### Survey questions

We are interested in the way people are feeling these days.  
During the past few weeks, did you ever feel...(READ OUT AND MARK ONE CODE FOR EACH STATEMENT)

	YES	NO
A) Particularly excited or interested in something	1	2
B) So restless you couldn't sit long in a chair	1	2
C) Proud because someone had complimented you on something you had done	1	2
D) Very lonely or remote from other people	1	2
E) Pleased about having accomplished something	1	2
F) Bored	1	2
G) On top of the world/feeling that life is wonderful	1	2
H) Depressed or very unhappy	1	2
I) That things were going your way	1	2
J) Upset because somebody criticized you	1	2

Making the index: Start from zero; add one for each Yes on a "good" emotion (A,C,E,G,I); subtract one for each Yes on a "bad" emotion (B,D,F,H,J).

The possible scores on the index go from -5 to 5. Positive scores mean a person experienced mostly favorable emotions, negative scores mean a person experienced mostly unfavorable.

#### Results (United States, 1990)

	Frequency	Percent
Valid -5	2	.1
-4	11	.6
-3	26	1.4
-2	64	3.5
-1	85	4.6
0	174	9.5
1	239	13.0
2	310	16.9
3	336	18.3
4	374	20.3
5	218	11.9
Total	1839	100.0

